

UNDERSTAND YOUR PLAN WORKSHEET – MOUNTAIN SAGE MEDICINE (Revised May 2018)

Patient Name _____ DOB: _____
Insurance Comp: _____ Insurance ID#: _____

Dr. Jennifer Silapie NPI #: 1942437850
251 N Main Avenue
White Salmon, WA 98672
(509)808-6364

Jennifer Silapie, ND is a preferred provider with some insurance companies, however, coverage is plan dependent. It is up to you, the patient/representative/guardian, to determine insurance benefits, eligibility, and coverage. In order to familiarize yourself with the details of your insurance benefits, we recommend that you use the worksheet below as a guide when speaking with your insurance representative. If coverage is not determined prior to your first visit you may be responsible for the full cost of the appointment at the time of service. Additionally, if your insurance card is not available at the first visit, you will be responsible for the full cost of the appointment at that time.

Getting started -- call the customer service number on your insurance card and ask the representative the questions listed below.

**** Dr. Silapie is a Specialist, not a Primary Care Physician ****

1. Do I have naturopathic coverage? YES ____ NO ____
2. Beginning date of coverage _____. Ending date of coverage _____.
3. Do I need a referral from my primary care physician for naturopathic services or any other alternative services? Y/N
4. Is the practitioner I want to see In-Network or a preferred provider for my insurance plan? Y/N
5. If the practitioner is In-Network, what is my individual deductible for the year and has any or all of it been met?

Yearly Deductible \$ _____ Amount met \$ _____ When does it reset? _____

Does my plan have a **family deductible**? YES ____ NO ____

Yearly Deductible \$ _____ Amount met \$ _____ When does it reset? _____
6. If the provider is out of network, do I have any coverage for Out of Network care with this provider? Y/N

If YES what is my coverage? _____

7. What are my benefits for the following services once my yearly deductible has been met? Be sure to find out both in-network and out-of-network coverage for each of the following benefits.

Naturopathic: % Covered: _____ Co-Pay/Co-Insurance _____ Deductible: _____ Year Max _____

Acupuncture: % Covered: _____ Co-Pay/Co-Insurance _____ Deductible: _____ Year Max _____

Physical Therapy: % Covered:_____ Co-Pay/Co-Insurance_____ Deductible: _____Year Max _____
Laboratory Tests: % Covered:_____ Co-Pay/Co-Insurance_____ Deductible: _____Year Max _____
Diagnostic Imaging: % Covered:_____ Co-Pay/Co-Insurance_____ Deductible: _____Year Max _____

Which labs are covered on my plan? Is lab work ordered by Dr. Silapie covered under my plan? Y/N
Interpath Quest Diagnostics Lab Corps. Other:_____

Which local hospitals are covered on my plan:

___Skyline Hospital, White Salmon, WA
___Providence Hood River Memorial, Hood River, OR
___Mid Columbia Medical Center, The Dalles, OR

9. Are any of the specialties listed above subject to a deductible FIRST? YES / NO

If so which specialties? _____

10. Are Annual Gynecological Exam Covered by a Naturopathic Physician? YES / NO

If so, what is the coverage?_____

Reference # for this call: _____ Date: _____

*For more specifics please see the Financial Responsibility Notice – it has the most common CPT codes (procedure codes) that we use for billing.

****Please note that the information you gather is not a guarantee of payment. If an insurance company gives you inaccurate information they may not honor the benefits that were quoted.**

Dr. Silapie/Mountain Sage Medicine is contracted (In-network) with the following companies:

Apple Health- Washington State Medicaid (Fee for Service)

BridgeSpan

Community Health Plan of WA

Cigna

Core Source (Multi Plan)

First Choice

Lifewise

Moda/ ODS

Molina

Premiera

Providence Health Plan (some plans)

Pacific Source (Reliant Behavioral Health)

Regence/ BCBS

**** Unfortunately, we cannot bill Medicare or Oregon Health Plan at this time. ****

Many out-of-network insurance plans still offer some compensation, be sure to ask what your out-of-network benefits are. Health Management Administrators, Aetna, and Providence plans have been known to cover between 60-100% out of network.

Remember -- coverage is specific to your plan! It is your responsibility to know your plan's benefits, eligibility, and coverage prior to your office visit. Let us know if you have questions!